



Singapore  
General Hospital  
SingHealth



# Community and social resources for renal patients

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PATIENTS. AT THE HE<sup>ART</sup> OF ALL WE DO.®



Singapore General Hospital



Changi General Hospital



Sengkang General Hospital



KK Women's and Children's Hospital



National Cancer Centre Singapore



National Dental Centre Singapore



National Heart Centre Singapore



National Neuroscience Institute



Singapore National Eye Centre



SingHealth Community Hospitals

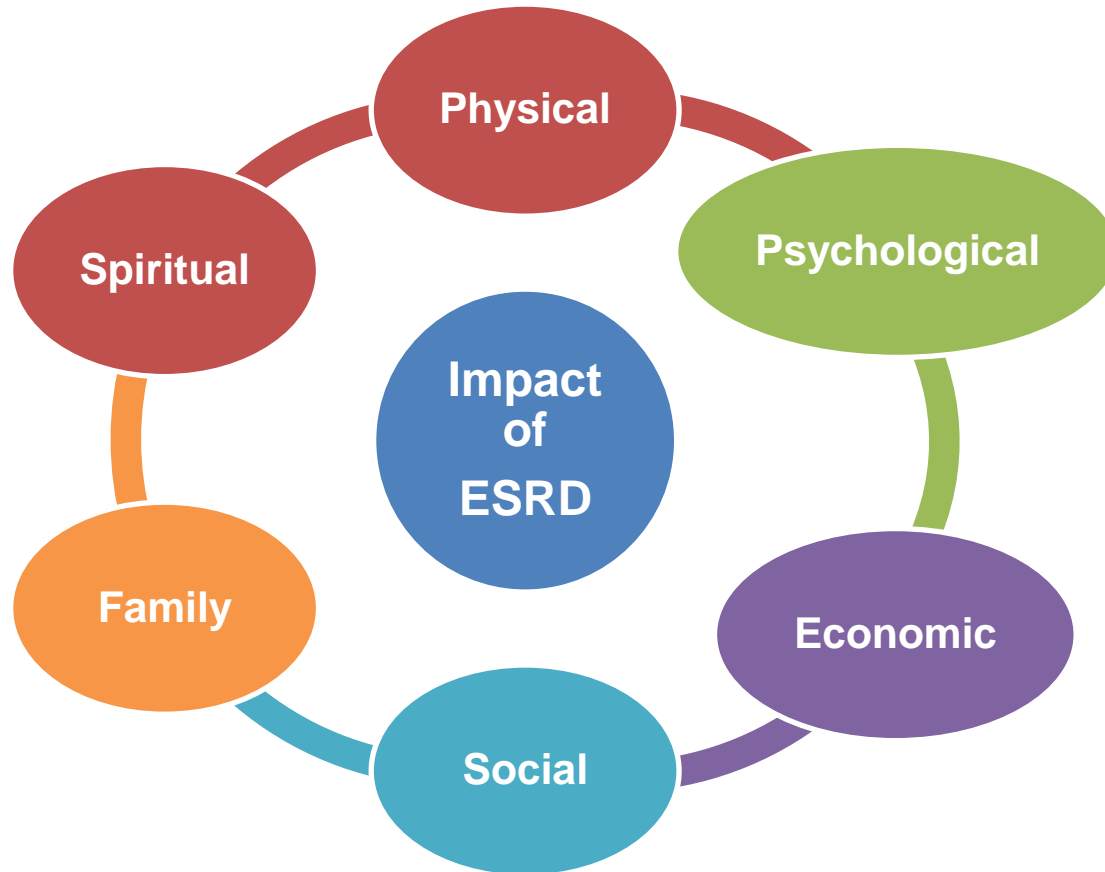


Polyclinics SingHealth

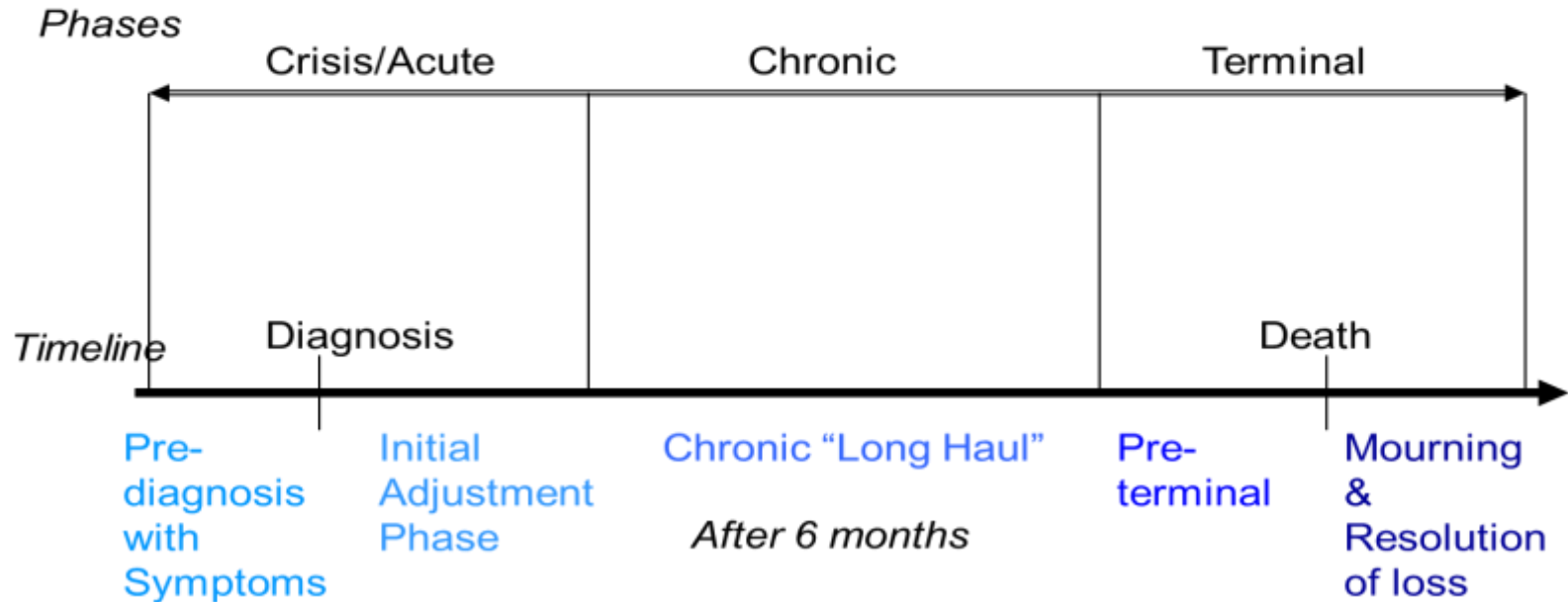
# AGENDA

1. IMPACT OF ESRD
2. NEEDS OF RENAL PATIENTS / FAMILIES
3. CURRENT RESOURCE LANDSCAPE
4. CASE STUDY
5. GAPS AND CHALLENGES
6. CONCLUSION

# Impact of End Stage Renal Disease (ESRD)



# The Time Phases of Illness



Rolland, J.S. (1994) Families, illness, and disability: An integrative treatment model. New York: Basic Books

# The current resource landscape



# Dialysis Providers

**NKF**

**KDF**  
KIDNEY DIALYSIS FOUNDATION

**mdc**  
MTFA DIALYSIS CENTRE



**Private  
Dialysis  
Centres**



# Treatment planning

- Community outreach
- Hospital Support Programmes
- Psycho-education & Counseling
- Advanced Care Planning
- Transport arrangement



# Financial Resources



- 3Ms –Medisave, Medishield Life, Medifund
- Subsidies from Ministry of Health
- Subsidies from Voluntary Welfare Organisations
- Social Service Office
- Charity organizations



# Psychological Support

- Crisis management
- Counseling
- Adherence



# Caregivers Support

- More caregivers facing burnout
- Patient's increased care needs
- Caregiver Support Groups
- Respite care (Centre-based/ Residential-based)



# Palliative Support

- Early palliative services – Low Clearance Clinic  
Renal Supportive Care
- Home hospice
- Hospice Day care
- Inpatient hospice



# Care Support

- Home care services
- Assistive devices
- Community hospitals
- Day care centres
- Residential homes



# Case Study

- Known to MSW in 2016
- Mr Tan is a 71-year-old gentleman who is widowed and has one daughter.
- 37-year-old daughter who suffers from mental health issues
- Wife passed away in 2007
- They live in a 1-room rental flat
- Depending on Comcare for financial assistance

## Medical conditions:

- Diabetes, Hypertension, Hyperlipidemia
- End stage renal failure due to DM nephropathy
- Peripheral vascular disease with multiple toe amputations
- Ischemic Heart Disease
- COPD
- Stroke
- Dysphagia



# Case study

## Issues:

- Treatment
- Financial
- Hoarding behaviour
- Frequent fights between patient and daughter
- Rehabilitation (Home Vs Residential Home)
- Needed assistive device

# Case Study

- Patient Mr Tan
  - @27FSC case manager & community nurse
  - SGH team
  - Private dialysis centre
  - NKF
  - SSO
  - THK home help services
  - AMK CH team
  - SG Enable
  - Vendors
- Daughter
  - IMH MSW
  - Anglican Care Centre counselor

# Gaps and Challenges

- Massive coordination work
- Capacity for HD vacancies
- Patients with complex medical and social needs
- Caregiver support
- Slow stream rehabilitation
- Continual discussion on goals of dialysis



# Conclusion

- Increase the community's capabilities
- Close collaboration
- Complexity of medical and social needs
- Patient's voice

“In every community, there is work to be done. In every nation, there are wounds to be heal. In every heart, there is a power to do it.”



Quote originated from

MARIANNE WILLIAMSON

# Thank You

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